CLAIMS

- A method of purifying reduced coenzyme Q₁₀
 which comprises washing crystals and/or oil of reduced
 coenzyme Q₁₀ with a water-soluble organic solvent or a mixed solvent composed of a water-soluble organic solvent and water to thereby remove a water-soluble impurity from the crystals and/or oil of reduced coenzyme Q₁₀.
- 10 2. The method of purifying reduced coenzyme Q_{10} according to Claim 1,

wherein the washing of the crystals and/or oil of reduced coenzyme Q_{10} is carried out in a state of dispersion of the crystals and/or oil of reduced coenzyme Q_{10} in the water-soluble organic solvent or the mixed solvent composed of the water-soluble organic solvent and water.

- 3. The method of purifying reduced coenzyme Q_{10} according to Claim 2,
- wherein the dispersion is caused in a state of forced flowing.
 - 4. The method of purifying reduced coenzyme Q_{10} according to any of Claims 1 to 3,
- wherein the water-soluble organic solvent comprises at least one species selected from among alcohols, ketones, ethers, and nitriles.
- 5. The method of purifying reduced coenzyme Q_{10} according to Claim 4,

wherein the water-soluble organic solvent is ethanol.

- 6. The method of purifying reduced coenzyme Q_{10} according to any of Claims 1 to 5,
- wherein the washing is carried out with a mixed solvent

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composed of an organic solvent and water.

- 7. The method of purifying reduced coenzyme Q_{10} according to Claim 6,
- wherein the washing is carried out with a mixed solvent having a water-soluble organic solvent content of not less than 5 w/w%.
- 8. The method of purifying reduced coenzyme Q_{10} according to any of Claims 1 to 7,

wherein the water-soluble impurity is a reducing agent used for converting oxidized coenzyme Q_{10} into reduced coenzyme Q_{10} and/or an impurity derived from a reducing agent.

9. The method of purifying reduced coenzyme Q_{10} according to Claim 8,

wherein the reducing agent and/or the impurity derived from a reducing agent are/is hyposulfurous acid or a salt thereof and/or an impurity derived from hyposulfurous acid or a salt thereof.

- 10. The method of purifying reduced coenzyme $\ensuremath{\text{Q}_{10}}$ according to Claim 8,
- wherein the reducing agent and/or the impurity derived from a reducing agent are/is ascorbic acid or a related compound thereof and/or an impurity derived from ascorbic acid or a related compound thereof.
- 11. The method of purifying reduced coenzyme Q_{10} according to Claim 10,

wherein the impurity derived from ascorbic acid or a related compound thereof is oxalic acid.

12. The method of purifying reduced coenzyme Q_{10} according 35 to any of Claims 1 to 11,

wherein the concentration of reduced coenzyme Q_{10} during washing is not higher than 30 w/w% as expressed in terms of the weight of reduced coenzyme Q_{10} relative to the weight of the solvent at the time of completion of the washing.

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13. The method of purifying reduced coenzyme Q_{10} according to any of Claims 1 to 12,

wherein reduced coenzyme Q_{10} occurs as a form of crystals.

10 14. The method of purifying reduced coenzyme Q_{10} according to Claim 13,

wherein the washing temperature is not higher than 50°C.

15. The method of purifying reduced coenzyme Q_{10} according to any of Claims 1 to 14,

wherein reduced coenzyme Q_{10} occurs as a form of oil and the washing temperature is not lower than the melting temperature of reduced coenzyme Q_{10} .

20 16. The method of purifying reduced coenzyme Q_{10} according to Claim 15,

wherein the washing temperature is not lower than 40°C.

17. The method of purifying reduced coenzyme Q_{10} according to Claim 15 or 16,

wherein crystals of reduced coenzyme Q_{10} is recovered by cooling the solution obtainable after impurity removal from the oil of reduced coenzyme Q_{10} .

18. The method of purifying reduced coenzyme Q_{10} according to Claim 15 or 16,

wherein crystals of reduced coenzyme Q_{10} is recovered by contacting seed crystals to oil of reduced coenzyme Q_{10} obtainable after impurity removal from said oil.

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19. The method of purifying reduced coenzyme $\ensuremath{\text{Q}_{10}}$ according to any of Claims 1 to 18

wherein reduced coenzyme Q_{10} is purified in a deoxygenated atmosphere.

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